

# WONDERPARK

wonderpark SHOPPING

WONDERPARK SHOPPING CENTRE GPS CO-ORDINATES: S25° 40,264 E28° 6,703

MEDALS

DISTANCE	GOLD	BRONZE
5 KM	CATEGORY WINNERS	NEXT 1500
10 KM	CATEGORY WINNERS	NEXT 3000
21.1 KM	CATEGORY WINNERS	NEXT 2000
42 KM	CATEGORY WINNERS	NEXT 2000

## PRIZE MONEY

CATEGORIES	10 KI	M		21.1 KM 42		42.2	.2 KM		
GOLD MEDALS	PRIZE WINNERS			PRIZE WINNERS			PRIZE WINNERS		
RUNNERS	1	2	3	1	2	3	1	2	3
JNR MEN + WOMEN	R500	R400	R300	R600	R400	R300			
OPEN MEN + WOMEN	R500	R400	R300	R800	R600	R400	R1000	R800	R600
VET MEN + WOMEN (40-49)	R500	R400	R300	R700	R500	R300	R1000	R800	R600
MASTER MEN + WOMEN (50-59)	R400	R200		R600	R300		R800	R500	
GM MEN + WOMEN (60+)	R400	R200		R500	R300		R600	R300	
GGM MEN + WOMEN (70+)	R400			R400			R500		
(80+)	R400			R400					
WALKERS MEN	R400			R500					
WALKERS WOMEN	R400			R500					
WALKERS MEN (50+)	R400			R500					
WALKERS WOMEN (50+)	R400			R500					

## GENERAL INFORMATION & RULES

- The race is run in accordance with the rules of ASA and AGN. Athletes indemnify the national, provincial and regional bodies, sponsors and
- organizers or the race against any or all actions of whatsoever nature, whatever the same maybe arising out of their participation in the race. Registered athletes must wear the current year's license number front and back, if issued with a race number this must be worn on the front of vest. The Race Number may not cover the Logo's on the Licences.
- Temporary licences must be worn at the back and the race number in front of the vest. The Race Number may not cover the Logo's on the Licences.
- All licensed athletes competing for category prizes must wear numeric category tags clearly visible front and back. Proof of age for prize winners may be required and to be presented to referees before prize giving. Prizes will be withheld until confirmed.
- Walkers competing for prize money must wear WALKER/W tags on the front and back of their vest.
- No seconding is allowed.
- International athletes must provide a clearance letter from their Country of origin to the referee in the event of them winning a prize. Wheelchair athletes and walkers are welcome on the 5km, 10km and 21.1km. Walkers keep left at all times.
- No blade, cyclist or mechanically operated device allowed in the race.
- No iPods or listening devices.
- Minimum age: 5km 9 years; 10km 14 years; 21.1km 16 years; 42.2km 20 years. Stipulated in the ASA rules.

  Temporary licensed athletes are eligible for open and category prizes, provided they have the age category tag clearly visible back and
- front of vest.
- All traffic officers and official's instructions to be obeyed.
- Waterpoints every 3km's.
- Medical support will be present on race day.
- REMEMBER all 70+ and 80+ Free entry as well as Prize money allocated to them.
- 17. The organisers and sponsors of the event do not accept liability for any loss or damage that may occur before, during or after the event.



05:30 CUT-OFF @20KM=8:00

5KM FUN RUN

#### **TICKETS AVAILABLE ON RACE DAY ONLINE PRE-ENTRIES:**

www.akasiaathleticsclub.co.za www.entryrush.co.za

#### **WONDERPARK SHOPPING CENTRE**

GPS: S25° 40,264 E28° 6,703 www.wonderparkcentre.co.za

#### RACE INFORMATION

072 810 7056 or 072 811 0374



## **25 JANUARY 2020**







































## WONDERPARK AKASIA



WONDERPARK SHOPPING CENTRE

GPS CO-ORDINATES: \$25° 40,264 E28° 6,703

#### DIRECTIONS & CONTACT DETAILS

- For further information contact 072 810 7056 or 072 811 0374
- Information and map available on www.wonderparkcentre.co.za and www.akasiaathleticsclub.co.za

#### **WONDERPARK SHOPPING CENTRE:**

Cnr Brits Road & Heinrich Avenue, Karenpark, 0118 GPS: S25° 40,264 E28° 6,703

## MAP TO WONDERPARK



















#### Comrades Qualifier and Old Mutual Two Oceans Marathon Qualifier

#### DATE:

25 January 2020

#### VENUE:

Wonderpark Shopping Centre Heinrich Avenue, Karenpark

GPS Co-ordinate: S25° 40,264 E28° 6,703

#### **RACE INFO:**

072 810 7056 072 811 0374

www.akasiaathleticsclub.co.za

RACE	START TIME	CUT-OFF TIME	MINIMUM AGE	PRIZE GIVING
42.2km	05:30	20km = 08:15 (2hrs 45 min) 42.2km = 11:30 (6hrs)	20 years	10:00
21.1.km	05:30	09:00 (4hrs)	16 years	09:00
10km	06:00	08:00 (2hrs)	14 years	08:00
5km Fun Run	06:10	08:00 (1hrs 50 min)	N/A	08:00

Fun Run Children younger than 9 years must be accompanied by an adult taking responsibility for the child. Tog bag area available at own risk. Club gazebos welcome but fire extinguishers mandatory.

2019 LICENSE NO:

#### **ENTRY FEES**





DISTANCE	ENTRY FEE		
42.2KM	R200		
Athletes aged 60+ yrs	R100		
21.1KM	R150		
Athletes aged 60+ yrs	R80		
10KM	R100		
Athletes aged 60+ yrs	R50		
5KM Fun Run/Walk	R50		
Blind Runners and 70+	Free		
Temporary License	R40^		

(PLEASE TICK APPLICABLE RACE ENTRY)

 $\land$  Subject to confirmation by AGN

PLEASE NOTE: Unlicensed athletes running/walking the 42.2km, 21.1km and 10km must purchase a temporary license number for R40.

#### INDEMNITY:

By entering one of these races the athlete agrees not to hold AGN or any sponsor, or any person assisting in the organisation of the event liable for any injury or illness, which he or she may suffer directly or indirectly as a result of participating in the event, or for any damage to or loss of property which he or she may suffer directly or indirectly as a result of participating in the event.

## **ENTRY DETAILS**

Entries will be accepted until Friday 24 January 2020 at the following outlets. Trading hours apply:

Total Sports Wonderpark 012 549 0064 Run-A-Way Sport 012 361 3733 The Sweat Shop Southdowns 012 665 0048 The Sweat Shop Dunkeld 011 325 2567 The Sweat Shop Bedfordview 011 450 2421
Cross Trainer Wonderpark 012 549 0071
The Running Shop Montana 081 271 2095

Entries can be done at Wonderpark Shopping Centre, Entrance 5 on Friday 24 January 2020 from 16:00 until 19:30 or on race day from 03:30.

#### ONLINE PRE-ENTRIES:

www.akasiaathleticsclub.co.za

www.entryrush.co.za/event/wonderpark-akasia-road-race

- \* Online entries close on Wednesday 22 January 2020
- \* Online entries can be collected on Friday 24 January 2020 from 16:00 until 19:30 or on race day (please bring along entry confirmation)